



**DIPLOMA IN  
HEALTH & SOCIAL CARE**  
UNIVERSITY 1<sup>ST</sup> AND  
2<sup>ND</sup> YEAR (LEVEL 4 AND 5)



# COURSE OVERVIEW

## About This Course

The undergraduate Level 4/5 Health and Social Care course is an exhilarating 240-credit programme designed to fast-track students into the final year of an undergraduate degree within the health and social care sector. This path culminates in a top-up degree that can be completed at a UK university, either on campus or through online and distance learning modes, offering unmatched flexibility.

The Level 4 modules and assignments equate to the first year of a university degree, while the Level 5 modules and assignments correspond to the second year. The course structure includes six Level 4 modules and assignments (120 credits) and five Level 5 modules and assignments (120 credits).

If students choose to study only the Level 4 portion, they will still earn 120 credits, securing an exemption from the first year of a university degree course. Each module is meticulously designed, comprising approximately 40 guided learning hours of material, supplemented by an additional 30-50 hours of optional learning resources. These resources include recommended exercises, readings, and online materials, all crafted to enrich the learning experience.

Embark on this transformative educational journey and fast-track your career in health and social care, gaining valuable knowledge and skills that will prepare you for the challenges and opportunities in this vital sector.



## Examples of University Progression

Anglia Ruskin University

University of Derby

## Awarding Body



# Qualification

Qualification Numbers: Level 4 Diploma in Health and Social Care- 601/5058/0

Qualification Numbers 2: Level 5 Diploma in Health and Social Care- 601/5442/1

## About City College Birmingham

Mortha Halls of Ivy, trading as City College Birmingham, is a trailblazer in education, offering life-changing vocational and professional courses both online and on-campus at its Dudley, UK location. Since its inception in 2013, the college has embodied a 'born-global' philosophy, passionately delivering world-class education and training to students across the globe. Recognised by the United Kingdom Register of Learning Providers (UKRLP), City College Birmingham stands as a paragon of trustworthiness and excellence.

City College Birmingham provides an extensive range of qualifications up to Level 7 in crucial fields such as Business Management, Health & Social Care, Hospitality, and IT amongst many others. Through strategic partnerships with esteemed UK awarding bodies like Qualifi, the college offers accredited courses that set the benchmark for quality and rigor. This collaboration enables the institution to deliver Qualifi courses, ensuring students gain education that is not only of the highest standard but also globally respected.

What makes City College Birmingham truly exceptional is its dedication to making education accessible and adaptable. The college understands the complexities of modern life and offers professionally developed e-learning courses designed to fit seamlessly into any schedule. This flexibility allows learners to pursue their dreams without compromising other life commitments, ensuring that education is a gateway to opportunity for everyone.

At City College Birmingham, education is more than just learning; it is an adventure of self-discovery and empowerment. The college's mission is to cultivate the leaders of tomorrow by providing them with the knowledge, skills, and qualifications necessary to excel in today's ever-evolving world. With a team of dedicated professional tutors and a nurturing educational environment, City College Birmingham inspires students to reach for greatness and realise their full potential.

Seize the opportunity to transform your future with City College Birmingham. Explore our vast array of courses and qualifications.



# ELIGIBILITY

## Am I eligible for this programme?

Proficiency in reading, writing, listening, and speaking English is required. This proficiency will be determined by one of our staff members during an interaction with the student after they have shown interest in the course.

To enroll in the level 4 course, you must be at least 18 years old and have completed secondary education.

To enroll in the level 5 course, you must have completed a level 4 equivalent.

## LEVEL 4: MODULE LISTING

### Academic Study Skills

Develop essential academic skills needed for higher education. This unit focuses on improving study techniques, critical thinking, time management, and academic writing to support success in health and social care studies.





# Communicating in Health and Social Care

Learn effective communication strategies within health and social care settings. This unit covers verbal and non-verbal communication, active listening, and the use of technology to enhance interactions with patients and colleagues.

## An Introduction to Healthcare Policy

Understand the foundations of healthcare policy, including the development and implementation of policies that impact health and social care. Explore the role of government, healthcare organizations, and stakeholders in shaping healthcare systems.

## Reflective Practice

Enhance your professional development through reflective practice. This unit encourages self-evaluation and continuous improvement by examining personal experiences and learning from them to improve future practice in health and social care.

## Managing People in Health and Social Care

Gain insights into effective people management within health and social care environments. This unit covers leadership styles, team dynamics, conflict resolution, and strategies for motivating and supporting staff.

## Sociology Concepts in Health and Ill Health

Explore sociological theories and concepts related to health and illness. This unit examines the social determinants of health, the impact of culture and society on health outcomes, and the role of healthcare professionals in addressing social inequalities.



# LEVEL 5: MODULE LISTING

## Principles Underpinning Health and Social Care

Examine the core principles that guide health and social care practices. This unit covers ethical considerations, patient-centered care, and the legal and regulatory frameworks that ensure quality and safety in healthcare services.

## The Management of Quality in Health and Social Care

Learn about quality management principles and practices in health and social care. This unit focuses on quality assurance, continuous improvement, and the use of data and feedback to enhance service delivery.

## Research Project

Undertake a research project relevant to health and social care. This unit involves identifying a research question, conducting literature reviews, designing a study, collecting and analyzing data, and presenting findings to inform practice.

## Partnership Working in Health and Social Care

Explore the importance of collaboration and partnership in health and social care. This unit covers the benefits and challenges of working with various stakeholders, including service users, families, professionals, and community organizations.

## Working with Service Users with Complex Needs

Develop skills and knowledge to support service users with complex needs. This unit addresses the assessment, planning, and delivery of care for individuals with multiple health and social care requirements, focusing on person-centered approaches.





## LEARNING OUTCOMES

The learning outcomes of the diploma are

- The ability to read & use appropriate literature with a full and critical understanding.
- Apply subject knowledge and understanding to address familiar and unfamiliar problems.
- Recognise the moral and ethical issues of health and social care practice.
- Capacity to give a clear and accurate account of a subject & engage in debate.

## CAREER OPPORTUNITIES

Primary areas of employment include:

- Social Care Worker
- Personal Assistant
- Health Care Assistant
- Community Development
- Health administration
- Charity Officer
- Nursing





# ASSIGNMENT LISTING

## Assignment listing

The Level 5 Diploma in Health and Social Care is accredited at Level 5 with a total equivalence of 120 credits. It is envisaged that learners completing the Level 5 diploma will progress to the final year of an undergraduate degree.

The assignment unit titles for the level 4 course are:

- Academic Study Skills Communicating in Health and Social Care
- An Introduction to Healthcare Policy
- Reflective Practice
- Managing People in Health and Social Care
- Sociology Concepts in Health and Ill Health

The assignment unit titles for the level 5 course are:

- Principles Underpinning Health and Social Care
- The Management of Quality in Health and Social Care
- Research Project
- Partnership Working in Health and Social Care
- Working with Service Users with Complex Needs

## QUALIFI Level 4 Diploma in Health and Social Care comprises six in total

The Diploma requires six mandatory units at level 4.

Unit Reference	Mandatory Units	Level	TQT	Credit	GLH
T/505/9468	Academic Study Skills	4	200	20	100
H/505/9495	Communicating in Health and Social care	4	200	20	100
F/505/9505	An Introduction to Healthcare Policy	4	200	20	100
F/505/9519	Reflective Practice	4	200	20	100
L/505/9507	Managing People in Health and Social care	4	200	20	100
M/505/9502	Sociology Concepts in Health and Ill Health	4	200	20	100

## QUALIFI Level 4 Diploma in Health and Social Care comprises six in total

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Unit Reference	Mandatory Units	Level	TQT	Credit	GLH
K/505/9496	Principles Underpinning Health and Social Care	5	200	20	100
A/505/9521	The Management of Quality in Health and Soacial care	5	200	20	100
H/505/9500	Research Project	5	200	20	100
A/505/9499	Partnership working in Health and Social Care	5	200	20	100
T/505/9520	Working with Service Users with Complex Needs	5	200	20	100

## CAREER PATH

Completing the full Level 4/5 Diploma in Health and Social Care, along with the final year of an accredited undergraduate degree programme, opens the door to a fulfilling and impactful career in the health and social care sector. With these qualifications, you will be prepared to pursue roles such as healthcare management, social work, community support coordination, and rehabilitation services. Envision yourself making a difference in people's lives every day, providing essential care, support, and advocacy for those in need. This course empowers you with the knowledge and compassion to lead in various healthcare settings, ensuring the well-being and dignity of individuals and communities. Embark on a career where your dedication and skills can transform lives and contribute to a healthier, more caring society.





# BENEFITS OF OUR COURSES

## Pathway to Degrees and MBAs

### Seamless Academic Journey

- Start with a diploma and effortlessly transition into a full undergraduate or postgraduate programme, culminating in a degree or MBA awarded by the university where you complete your final year.

## Prestigious University Partnerships

### Broad Credit Acceptance

- Course credits are recognised by many top UK universities.

### Esteemed Academic Opportunities

- Study at prestigious institutions such as Anglia Ruskin University, University of Sunderland, University of Lincoln, University of Derby, and Nottingham Trent University, among many others, providing pathways to complete your degrees and master's programmes at these renowned universities.

## Accredited and Recognised Qualifications

### Official UK Credentials

- Earn formal UK qualifications that offer credit towards progression in higher education.

### Global Recognition

- Qualifications are endorsed by Ofqual and respected by universities, employers, and institutions worldwide, providing credit towards bachelors and master's courses.

## Quality Assurance and Support

### Continuous Excellence

- Regular standardisation meetings ensure the highest quality in course delivery and resources.

### Comprehensive Oversight

- Monitors learner issues, partner quality, assessment standards, and material content to guarantee alignment with learning outcomes.

### Distinguished Leadership

- Benefit from the guidance and oversight of esteemed academic and business leaders.

### High Educational Standards

- Supported by dedicated frameworks and continuous quality monitoring to promptly address learner and partner issues.

# Professional Learning Materials

## Expertly Crafted Content

- Developed by professional academic authors, ensuring alignment with UK government educational standards.

## Comprehensive Support

- Exceptional educational standards supported by dedicated frameworks and ongoing quality assurance.

# Transparent and Accountable

## Continuous Improvement

- Regular reviews and feedback mechanisms facilitated by the Quality Monitoring Board.

## Integrity in Delivery

- Transparency in course delivery and adherence to rigorous assessment standards.

## Educational Loan Facilitation for UK Studies

To further support our students' educational journeys, we offer the facilitation of educational loans for those who complete their first two years of study in their home country. Upon applying for their third year in the UK, we can assist in arranging educational loans through our established contacts with banks and lending institutions. This invaluable service significantly eases the financial transition, allowing students to focus on their studies and make the most of their educational experience in the UK. Highlighting this financial support option underscores our commitment to making higher education accessible and affordable, encouraging prospective students to choose our programme with confidence.

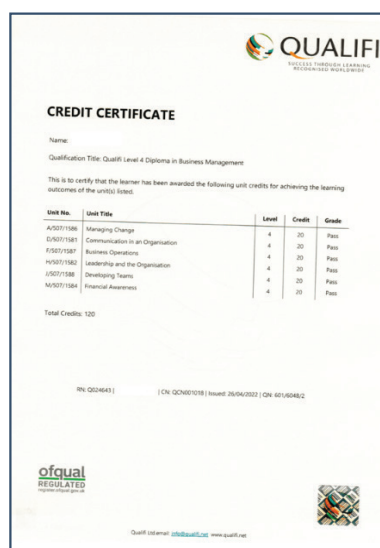


Choosing our courses ensures a reputable, flexible, and recognised pathway to achieving your academic and career goals

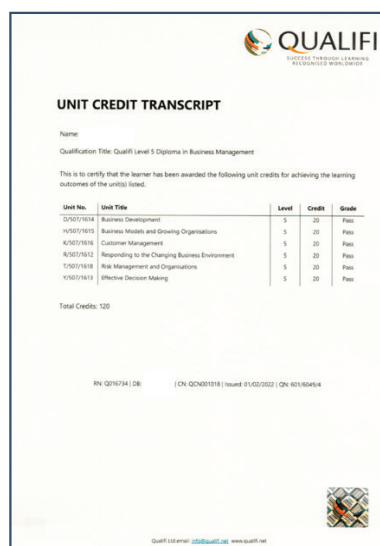
# ELEVATE YOUR CAREER WITH PRESTIGIOUS UK DIPLOMAS

At City College Birmingham, we are excited to introduce our renowned UK diploma courses to India. Unlike the traditional perception in India, these diplomas are not a fallback option but a prestigious and rigorous academic pathway. In the UK, each year of a degree can be pursued as a standalone diploma, carrying substantial weight and respect in the global job market. Our diploma courses are meticulously designed to provide in-depth knowledge and practical skills, ensuring that our graduates are highly capable and industry-ready. Join us to experience a world-class education that opens doors to limitless opportunities and sets you apart in the competitive landscape. Discover the power of a UK diploma and redefine your academic journey with City College Birmingham.

## LEVEL 4 SAMPLE CERTIFICATE



## LEVEL 5 SAMPLE CERTIFICATE





### **Sarah Sweeney**

Business Development Manager



Sarah Sweeney is a seasoned Business Development Manager with over 15 years of experience in sectors such as education and consulting. Based in the UK, she leads our global business development operations, driving growth strategies, building strong relationships, and enhancing our international presence.

Sarah excels at crafting and implementing business development strategies aimed at financial growth and customer satisfaction. She identifies new market opportunities, oversees strategic initiatives, and manages key client relationships.

Sarah is skilled at analysing market trends and developing innovative business strategies. She builds strategic partnerships, adds value to existing customers, and expands our customer base.

Beyond traditional business development, Sarah spearheads networking events, trade shows, and conferences to generate new leads and expand our reach. Her strategic management ensures high customer retention and uncovers new growth opportunities.

Under Sarah's leadership, our business development team thrives. Her vision includes managing our social media presence and crafting engaging strategies.

Sarah's exceptional planning skills and ability to manage multiple projects ensure seamless execution of business development activities. Her dedication to excellence and commitment to our goals make her an inspirational leader driving our global operations towards success.

With Sarah Sweeney at the helm, we are set to redefine success, delivering exceptional value and inspiring results for our clients and stakeholders worldwide.

### **Nicol**

Global Legal Expert



Nicol, our esteemed senior solicitor, embodies dedication and excellence in the realm of immigration law. With her vast experience spanning corporate matters, private cases, family applications, administrative reviews, appeals, and judicial reviews, she is a beacon of hope and expertise for her clients. Fluent in both English and Arabic, Nicol bridges cultures and communities with grace and understanding.

Her journey to becoming a solicitor is a testament to her unwavering commitment and passion. Nicol qualified under the UK's Solicitors Regulation Authority (SRA) in May 2020, following her commendable achievement in the Legal Practice Course at Westminster University. She first graduated with a degree in English Language and Literature from Bournemouth University, later pursuing a conversion course to earn her Graduate Diploma in Law. As a dedicated member of the Immigration Law Practitioners Association (ILPA), Nicol remains at the cutting edge of her field, continually advocating for her clients' rights and needs.

In her vital role, Nicol will be the guiding force behind the College's Tier 4 system, ensuring that each candidate receives the right advice from the right professional. Her leadership guarantees that our immigration processes are infused with integrity, precision, and a heartfelt commitment to making a difference in people's lives. Nicol's presence ensures that every client feels seen, heard, and supported through their immigration journey.

### **Dharmanand Mortha**

CEO and MD  
City College Birmingham



I am overjoyed to announce our partnership with UK Xpress, an outstanding organisation whose exceptional reach and offerings have left an indelible mark over the past 7 years. Their passionate dedication to providing top-notch educational business and support services across various countries is nothing short of inspiring.

At Mortha Halls of Ivy trading as City College Birmingham, we place immense trust and confidence in UK Xpress. Together, we are on a mission to extend our prestigious courses globally, reaching and empowering deserving students everywhere with world-class qualifications. This partnership is a beacon of hope and a catalyst for transformative education, promising to unlock countless opportunities and dreams.

For more information about UK Xpress and their services, please visit [www.ukxpress.co.uk](http://www.ukxpress.co.uk)

# HIGHLIGHTS OF STUDYING THE FINAL YEAR IN THE UK

## 1. Exposure to World-Class Education:

By completing their final year in the UK, students gain access to high-quality education from prestigious institutions, enhancing their academic credentials and broadening their learning experiences.

## 2. Enhanced Career Prospects:

- Graduating from a UK institution significantly boosts employability. UK qualifications are highly regarded worldwide, and students benefit from the robust career support services offered by UK universities, including internships, job fairs, and networking opportunities.

## 3. Post-Study Work Visa:

- International students can apply for the post-study work visa, allowing them to stay in the UK for two years after graduation to look for work. This visa provides a pathway to gain valuable work experience and potentially settle in the UK permanently.

## 4. Entrepreneurial Opportunities:

- The UK fosters a thriving entrepreneurial ecosystem, providing resources and support for graduates who wish to start their own businesses. Students can take advantage of various startup incubators, funding opportunities, and mentorship programs.

## 5. Further Studies:

- The UK offers excellent opportunities for further education, including postgraduate and doctoral programs. Students can advance their academic pursuits in a supportive and resource-rich environment.

## 6. High Living Standards:

- The UK is known for its clean and safe environment, prioritising health and safety for all residents. The country boasts excellent healthcare facilities, accessible housing options, and a low level of pollution.

## 7. Work Culture and Opportunities:

- The UK has a diverse and inclusive work culture, promoting a healthy work-life balance. Graduates can find employment across various sectors, benefiting from the country's strong economy and numerous job opportunities.

## 8. Family Benefits:

- Students can bring their dependents to the UK under certain conditions. Dependents have access to free education for children and healthcare services for residents, ensuring a supportive environment for the entire family.

## 9. Cultural Diversity:

- The UK is a melting pot of cultures, offering students a rich and diverse social experience.

## 10. Travel Opportunities:

- Located in Europe, the UK provides easy access to travel across the continent, allowing students to explore various countries and cultures.

## 11. Historical and Cultural Richness:

- Students can immerse themselves in the UK's rich history and culture, visiting museums, historical sites, and engaging in various cultural activities.

By choosing to complete their final year at a UK university, facilitated by City College Birmingham, students significantly enhance their educational experience and position themselves for successful and fulfilling careers. The opportunities provided by studying in the UK are vast and varied, ensuring that graduates are well-prepared to meet the challenges and opportunities of the global job market.

## UKXPRESS

- BANGALORE
- TAMILNADU
- KERALA
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- HARYANA
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- HYDERABAD
- DUBAI



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+91 90376 73247

[manager@ukxpress.co.uk](mailto:manager@ukxpress.co.uk)



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